

Gear List of Personal Equipment for Year 10 Mataki Camp

Listed below are the basic essentials you will need for the Mataki Camp. You will need changes of clothes and lots of warm clothing, especially in winter. If you have difficulty in getting equipment the school has items you can hire but this is in limited amounts and hired on a first in first served basis. See the teacher in charge of your trip for booking gear. Cost of gear for hire: Sleeping bags \$20 Boots \$20 Packs \$20. If you wish to hire gear through the school please include this in your fee when paying. Students will then be issued hired gear once at the Lodge.

The Mataki Camp may involve hiking in adverse weather conditions i.e. cold, wet & windy. You may be walking above the bush line for parts of the trip. Even in summer the weather in the mountains is extremely changeable and snow is a possibility at any time of the year. Therefore it is important you are prepared for bad weather and bring lots of warm clothing - layers are essential.

I emphasize the use of clothing that provides insulation even when it is wet. Wool, polypropylene and pile knit garments are essential and can hold a lot of their warmth when wet. Cotton and Polyester (e.g. Skins) have no insulation value when wet. Students must use a layering system to ensure their safety and comfort.

The following is a comprehensive, **minimum list**, of the equipment needed for your tramping expedition.

Clothing (you must have)

Skin Layer

- Wool or polypropylene tops x 3 (cotton not suitable)
- Polypropylene leggings
- 2 - 3 pairs of warm socks (wool or similar, cotton not suitable)

Mid layer (Insulation layer)

- Warm trousers (fleece/wool pants or the like)
- Thick polar fleece (woollen or fleece)
- Shorts (short & quick dry are best) (long board shorts or similar are not suitable)

Outer Layer

- Rain Jacket or Parka - **waterproof** with hood (able to keep out prolonged periods of rain)
- Over trousers - waterproof
- Warm Hat (wool or fleece) & Sun hat
- Gloves or Mittens

Footwear

- **Tramping boots** (high cut for maximum ankle support, deep lugs for maximum traction and a heel break to reduce the chance of sliding on steep descent) **Not trekking shoes**
- Light shoes or Sandals for around camp (optional)

Equipment

- Overnight pack (60 Litres plus but dependant on the size of the person carrying it)
- Sleeping bag (Down or Hollow fill) 3 seasons + for winter, 2 seasons in summer Sleeping mat (Foamie or inflatable)
- Head torch/torch (recommended)
- Lighter or water proof matches and fire lighting equipment (Vaseline soaked cotton wool)

Other

- Towels & Toiletries (Toilet paper included)
- Pack liner/plastic bags/bin liners (waterproofing of pack & keeping clothes dry)
- Plastic plate, bowl, mug and eating utensils (not mum and dad's best china)
- Personal first aid kit, medications and repellent
- Water bottle (1 to 1.5 litre) + Plastic zip lock backs and containers for transporting rations in your pack
- Sun block
- Gaiters or putties (optional - useful to keep out Spaniard Grass and Hook Grass)
- Sun glasses
- Camera (there are lots of opportunities for some great snap shots)
- Pocket knife, must be folding. **No hunting knives**
- Puffer jackets and Track Suit pants (for keeping warm around camp)

Students do not need to bring their own tents or cookers as these are provided by Mataki Lodge. This is to ensure students work together as groups or as a team rather than as individuals or small groups.

Prohibited Items

Fire arms, alcohol & illicit drugs, electronic games, sheath knives and any other items seen by staff as inappropriate. Ipods, other personal electronic devices and any aerosol sprays will be taken by staff at the start of the week and returned to you at the end of the week. You will not need any money, as there is nowhere to spend it. Valuables are best left at home as they tend to be easily lost in a camping situation also staff do not need the responsibility of caring for these.